

DANDELION COOKING AND BAKING CONTEST RULES

1. To find recipes check the computer and google the words “Dandelion Recipes” or check cook books because many of them include dandelion recipes.
2. Collect dandelions from safe sources: land that has not been treated with herbicides and chemical fertilizers for at least three years, and land that is not next to a busy highway or roadway picking up particle pollution from vehicles.
3. The food entry should be eight to ten portions in size. These portions will be divided into smaller parts for sampling.
4. Deliver the food entry by 11:00 am. Judging will take place at 11:15 and public tasting at 11:45.
5. Submit a card with a list of the ingredients so that people sampling the food can avoid allergic reactions.
6. Supply optional recipe copies and list the source.